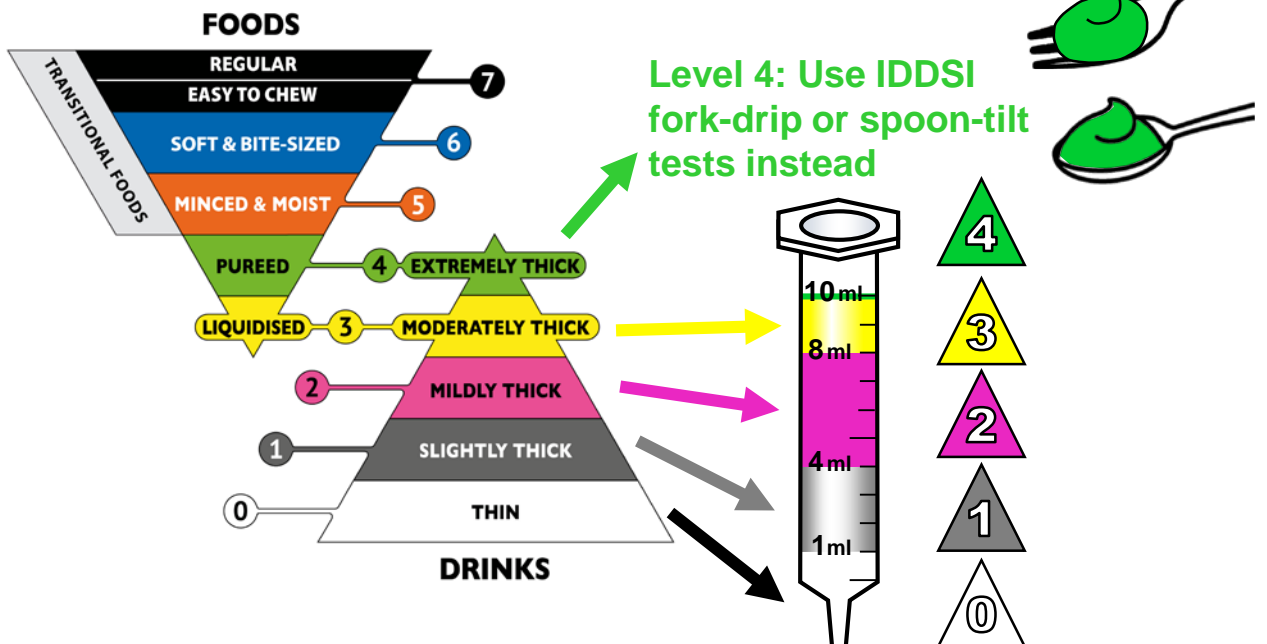
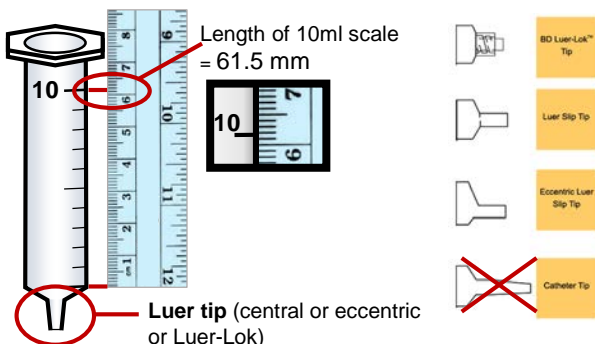


The International Dysphagia Diet Standardisation Initiative (IDDSI) framework of terminology and definitions includes an **objective measurement for liquid thickness**.



The **IDDSI flow test** classifies **IDDSI Levels 0-3** based on their rate of flow.

Use a syringe (following syringe dimensions as per image below) for correct results.



DISCOVER MORE ABOUT IDDSI

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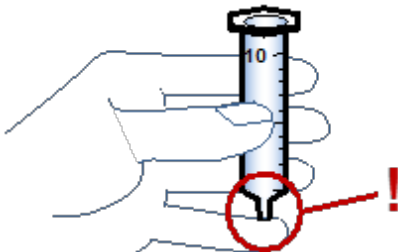
Download the IDDSI App:



IDDSI flow test - instructions

Videos of IDDSI flow test can be found here:
<https://iddsi.org/framework/drink-testing-methods/> or
in the IDDSI App

**1. Remove
plunger**



**Check the nozzle is
completely clear before use**

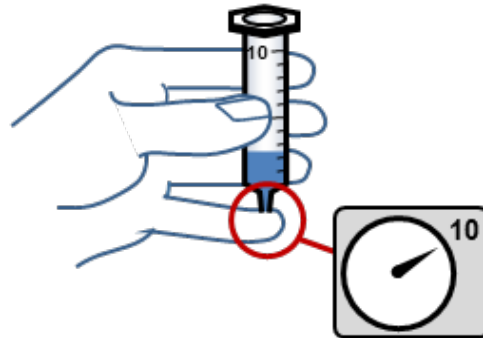
**2. Cover nozzle
with finger and
fill 10ml**



**3. Release nozzle &
start timer**



4. Stop at 10 seconds



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