



## Exploring [IDDSI Implementation Worldwide](#): Spotlight on Asian Reference Groups

### **China** - active since 2016

#### Highlights from 2023 include:

- Launching a public WeChat website where they published the 2022 version of standard Mandarin IDDSI Guidelines as well as corresponding video instructions for testing consistency levels

#### Goals for 2024 include:

- Editing the Chinese Dysphagia Dietary Standards based on IDDSI guidelines
- Establishing consistency level for common foods in different regions

### **Thailand** - active since 2021

#### Highlights from 2023 include:

- A dysphagia diet cookbook with IDDSI levels
- IDDSI workshop in collaboration with the Thai Dietetic Association

#### Goals for 2024 include:

- IDDSI cooking workshops with Thai Dietetic Association
- Introducing IDDSI to Hospital (and Aged care) Diet National Standard
- Working with Thai FDA on IDDSI labelling

### **Japan** - active since Dec. 2022

#### Highlights from 2023 include:

- Starting work on comparing the IDDSI and JDD2021 (Japanese Dysphagia Diet) Frameworks, including subjective evaluation and measurement of physical properties and developing a conversion table

#### Goals for 2024 include:

- Developing a conversion table for IDDSI and JDD
- Preparing basic materials on IDDSI in Japanese and deliver them to those who need them

### **Philippines**

#### Highlights from 2023 include:

- Starting a social media page
- #### Goals for 2024 include:
- Creating IDDSI guidelines for Sticky Rice with the Asia Reference Group.

### **Pan-Asian**

In case you missed it previously, members from several Asian IRG's produced a resource highlighting how different regional preparations of Porridge have different IDDSI consistencies [IDDSI - Rice Porridge Around the World](#)

The next [Asia IDDSI conference](#) is scheduled for Nov. 2024 in Kuala Lumpur

### **Hong Kong**

#### Highlights from 2023 include:

- In collaboration with partners, created a website with information for practitioners, institutions and caregivers of people with dysphagia [Homepage | Care Food](#)

#### Goals for 2024 include:

- May Event "IDDSI in Practice: From Kitchen to Table"

### **Taiwan** – active since 2020

#### Highlights from 2023 include:

- Seminar series for healthcare professionals, caregivers, and food manufacturers
- Consultation with elderly-friendly food manufacturers

#### Goals for 2024 include:

- Translation of IDDSI materials into Traditional Chinese
- Consulting for IDDSI implementation in different settings

### **Malaysia** - active since 2020

#### Highlights from 2023 include:

- Hosted the ASIA IDDSI Festival 2023 in Kuala Lumpur

#### Goals for 2024 include:

- Aiming for national implementation in collaboration with the Ministry of Health and the Malaysian Dietetic Association

